

BITH590 INTRODUCTION TO BIBLICAL COUNSELING

INTRODUCTION

The nature and principles of biblical counseling as opposed to humanistic approaches; techniques and theories of counseling; patterns of problem solving; the counselor and counselee relationship; the sufficiency of Scripture. Upon completion of this course, student should be able to:

- Define Biblical Counseling.
- Delineate the presuppositional nature of Biblical Counseling.
- Differentiate Biblical Counseling from secular counseling and a Christian integrationist perspective.
- Articulate a Biblical methodology enabling her/him to conduct responsible counseling.

Some Difficulties

1. It can be difficult to counsel in a skilled, disciplined way due to:
 - a. There is a diversity of problems.
 - b. There are great needs.
 - c. Counseling techniques can be contradictory and confusing
2. Counseling does not always help.
3. Counseling is mandated by Scripture.

Scriptures in Counseling

It is important for the counselor to realize that the Bible is never outdated. Within the Scripture lies the answer to any situation or problem that is presented to the counselor.

There is a continual trend among those in psychology, psychiatry, and other professionals who are consistently using the Bible in counseling. They have discovered that the Bible is for every generation and is the most effective tool in the hands of the counselor. The sad fact is, there are those who do not use the Word of God in their counseling.

When using Scripture in counseling, it is important to choose appropriate passages concerning each problem the counselee is facing. This should be a challenge for the counselor to familiarize themselves with Scripture.

CARE AND COUNSELING

In counseling, there is an attempt to provide encouragement and guidance. This is especially true for those who have been or currently are facing losses and/or disappointments.

A. The Goals of Christian Counseling

The process of counseling should include growth and development.

B. Implementing Goals

This brings us to the next set of goals. The following must take place in order for the previous goals to be reality.

C. Types of Pastoral Counseling

While we do not say that pastoral counseling is limited to the following, we give these three examples of Pastoral Counseling.

1. Pastoral care is a broad term.
2. Pastoral counseling is a specialized part of Pastoral care.
3. Pastoral psychotherapy is the work of a trained specialist.

Learn more by purchasing the entire course that covers the following topics:

Lesson 1: The Church And Counseling
Lesson 2: What Makes Christian Counseling Unique?
Lesson 3: Can Psychology Help?
Lesson 4: Accepting The Counselee
Lesson 5: Relationship In Counseling
Lesson 6: The Counseling Process
Lesson 7: Counseling And The Law
Lesson 8: Systems And Social Networks
Lesson 9: Counseling At Home
Lesson 10: Counseling Groups
Lesson 11: Crisis In Counseling